



DINNER MENU

APPETIZERS

Shrimp Scampi *available gf	14.5
<i>Six jumbo shrimp sautéed with butter, garlic, lemon juice and seasoning</i>	
Spanakopita	11
<i>Spinach, fresh herbs and feta cheese wrapped and baked in phyllo pastry</i>	
Calamari *agf	13
<i>Lightly breaded, tossed with jalapeños and bell peppers. Served with tzatziki</i>	
Dolmades *gf	12
<i>Seasoned ground beef, rice, fresh herbs and spices wrapped in grape vine leaves served with avgolemono sauce</i>	
Artichoke & Spinach Bake	14.5
<i>Artichoke and spinach blended with a variety of cheeses, baked and served with flat bread</i>	
Bruschetta *agf	13.5
<i>Grape tomatoes tossed with fresh basil, garlic, olive oil and feta cheese, served with toasted baguette and pistachio pesto</i>	
Dry Ribs	13.5
<i>Lightly breaded and seasoned boneless pork bites. Add Sauce for \$1: Greek, honey garlic, buffalo, bbq, spicy thai</i>	

SOUPS

Chicken Lemon Rice Soup	6.5
<i>Our avgolemono soup is a local favorite</i>	
Soup Du Jour	6.5
<i>Ask your server about our daily soup</i>	
French Onion Soup	7.5
<i>Sweet caramelized onions in a rich broth garnished with crisp crouton and melted cheese</i>	
One Quart *Takeaway	15
Two Quart *Takeaway	25

SALADS

Mediterranean *gf	16
<i>The original greek salad, with ripe tomatoes, cucumbers, onions, green peppers, olives and feta cheese - all mixed with our signature greek vinaigrette</i>	
Greek *gf	15
<i>Crisp lettuce, cucumbers, tomatoes, kalamata olives, feta cheese, bell peppers and onions topped with our signature house dressing</i>	
Spinach & Cranberry *agf	15
<i>Fresh spinach, mushrooms, red onions, bell peppers, tomatoes, cherry smoked bacon, dry cranberries, and a hard boiled egg, served with a fig and white balsamic vinaigrette</i>	
Arugula *gf	14
<i>Fresh arugula with tomatoes, peppers, candied pecans, dry cranberries and feta cheese tossed with a white balsamic and olive oil vinaigrette</i>	
Caesar *agf	13
<i>Steakhouse favorite.. romaine, seasoned croutons and our house made dressing</i>	

COMPLIMENT YOUR SALAD

Fresh Salmon 12 Grilled Chicken 9
 Grilled Shrimp 10 Crispy Calamari 9

MANO'S PASTA

 *Served with garlic toast

Lobster Tagliatelle *agf	28
<i>Butter poached lobster, sauteed onions, bell peppers, tomatoes, seasoned with a Thai chili and cream blended together with tagliatelle pasta</i>	
Chicken Alfredo *agf	23
<i>Creamy alfredo sauce, green onions, tomatoes and chicken breast tossed together to perfection. Served on fettuccine noodles</i>	
Mano's Baked Lasagna	18
<i>Lasagna noodles baked with fresh mozzarella cheese and your choice of meat sauce, marinara sauce or meat balls</i>	
Spaghetti A La Macarronada	18
<i>Traditional pan fried spaghetti with butter and parmesan cheese, tossed with choice of meat sauce, marinara sauce or meatballs - Baked with mozzarella cheese \$2</i>	

*Gluten free penne noodles available upon request

CHEF'S SUGGESTIONS

The Feast for Two *available gf	125
<i>Two 8oz Cuban lobster tails butter poached, baby back ribs, Shrimp Scampi, and two medallions of Filet Mignon</i>	

Steak & Lobster *agf	55
<i>A dry aged New York steak paired with a butter poached, Cuban lobster tail</i>	

Greek Ribs & Chicken Alexander *agf	34
<i>Half rack of tender baby back ribs, cooked in our house-made sauce and a tender chicken breast seasoned with our house blend marinade</i>	

MANO'S MAIN COURSES

Roasted Prime Rib *agf	10oz - 33 14oz - 38
<i>Our famous slow roasted Prime Rib is specifically aged for extra flavor and tenderness, rubbed with a unique blend of Dijon, rock salt, rosemary, garlic and spices</i>	
<i>*Served Friday, Saturday & Sunday</i>	

Dry Aged Ribeye 12oz *agf	42
<i>Our favorite steak, grilled to your liking</i>	

Filet Mignon 8oz *agf	38
<i>A perennial favorite cooked to your preference</i>	

Dry Aged New York *gf	8oz - 31 10oz - 35
<i>The king of steaks. Dry aged to perfection, seasoned with our signature steak spice and char-broiled to your preference. Add peppercorn sauce \$2</i>	

Steak Sandwich 6oz *agf	27
<i>A dry aged New York steak served on garlic toast</i>	

Greek Baby Back Ribs *agf	28
<i>A full rack of tender baby back ribs slowly cooked and seasoned</i>	

Chicago Style BBQ Ribs *agf	29
<i>A favourite of Sinatra, seasoned and oven roasted, then sauced and finished on the char-broiler</i>	

COMPLIMENT YOUR STEAK

Grilled Asparagus 8 Sautéed Mushrooms 7
 Cuban Lobster Tail 35

SEAFOOD

Shrimp Scampi *agf	28
<i>Jumbo shrimp sautéed briefly in garlic butter and lemon sauce. Highly recommended</i>	

Fresh Atlantic Salmon *agf	29
<i>Lightly blackened spiced fresh Atlantic salmon filet, baked and served with avocado lime creme</i>	

Poached Lobster Tail *agf	42
<i>An 8oz Cuban lobster tail butter poached to enhance its natural sweetness</i>	

MORE COURSES

Chicken Alexander *gf	27
<i>Succulent chicken breast marinated in Mano's special spice blend and broiled to perfection</i>	

Breaded Cutlets	26
<i>Two generous pork tenderloin cutlets freshly made in house served with brown gravy or marinara sauce</i>	

Dry Ribs & Caesar Salad	22
<i>Lightly breaded and seasoned boneless pork bites served with fresh Caesar salad</i>	

Twin Souvlaki *gf	26
<i>Two skewers of chicken, pork, or one of each, seasoned with our own special blend of spices, your choice of Greek, Caesar or tossed salad</i>	

Mano's Burger	17.5
<i>Ground prime beef, smoked bacon, sautéed mushrooms, aged Canadian cheddar on a kaiser bun, served with your choice of fries, Caesar or tossed salad</i>	

Deluxe Burger	17.5
<i>Ground prime beef in house made, crisp lettuce, tomatoes, onions, relish, mustard, onion rings and aged Canadian cheddar cheese on a kaiser bun. Served with your choice of fries, Caesar or tossed salad</i>	

Chicken Fingers	23
<i>Tender strips of chicken breast freshly made in house, breaded and uniquely seasoned. Served with your choice of dip</i>	

Chicken Frajolaki *agf	22
<i>Chicken breast topped with bacon, Swiss cheese, and lettuce served on a bun with your choice of Greek, Caesar or tossed salad and fries</i>	

PIZZA FRESCO

*All Mano's in-house pizzas are 10" pies, and are available on a gluten free crust upon request

Canadian	24
<i>Double smoked back bacon, pizza sauce, mushrooms, green peppers, mozzarella and Canadian cheddar cheese</i>	

Pepperoni & Mushroom	24
<i>Pepperoni, mushrooms, pizza sauce, mozzarella and parmesan cheese</i>	

Hawaiian	24
<i>Honey glazed ham, fresh pineapple, pizza sauce. Topped with mozzarella cheese</i>	

All Dressed	24
<i>Topped with pepperoni, salami, ham, bell peppers, mushrooms, onions, pineapple, pizza sauce and mozzarella cheese</i>	

Meat Lovers	24
<i>Loaded with pepperoni, salami, honey glazed ham, bacon, and meat sauce instead of pizza sauce. Topped with mozzarella cheese</i>	

Loaded Cheese	24
<i>Pizza sauce, mozzarella, cheddar, parmesan and feta</i>	