



lunch menu

*agf = available gluten free

*gf = gluten free

starters

shrimp scampi *available gf 14.5
six jumbo shrimp sautéed with butter, garlic, lemon juice and seasoning

artichoke & spinach bake 14.5
artichoke and spinach blended with a variety of cheeses, baked and served with flat bread

bruschetta *agf 13.5
grape tomatoes tossed with fresh basil, garlic, olive oil and feta cheese, served with toasted baguette and pistachio pesto

spanakopita 11
spinach, fresh herbs and feta cheese wrapped and baked in phyllo pastry

calamari *agf 13
lightly breaded, tossed with jalapeños and bell peppers. Served with tzatziki

dolmades *gf 12
seasoned ground beef, rice, fresh herbs and spices wrapped in grape vine leaves served with avgolemono sauce

lunch mains

beef tenderloin *gf 19
beef tenderloin, peppers, onions, and mushrooms on a 10" skewer, covered with peppercorn sauce served with your choice of soup or salad and your choice of fries or rice pilaf

souvlaki *gf 15.5
your choice of chicken or pork souvlaki with fries and your choice of tossed, greek or caesar salad

fish 'n' chips 17.5
fried to order, served with tartar sauce, fries and a starter soup or salad

dry ribs & caesar salad 15
lightly breaded and seasoned boneless pork bites, served with caesar salad

creamy chicken pesto pasta *agf 17
tagliatelle pasta and chicken, fresh basil pesto and herbs, extra virgin olive oil, light cream, green onions, sun-dried tomatoes topped with toasted almonds and a hint of fried garlic

pasta & caesar 15
spaghetti, lasagna or fettuccine, baked with mozza cheese and served with caesar salad

grilled chicken & salad *gf 15
your choice of greek, caesar or tossed salad topped with our own seasoned chicken breast

chicken tenders 14
tender chicken lightly breaded and fried golden brown, served with fries and your choice of tossed or caesar salad

salads

greek *gf 15
crisp lettuce, cucumbers, tomatoes, kalamata olives, feta cheese, bell peppers and onions topped with our signature house dressing

caesar *agf 13
steakhouse favorite.. romaine, seasoned croutons and our house made dressing

mediterranean *gf 16
the original greek salad, with ripe tomatoes, cucumbers, onions, green peppers, olives and feta cheese - all mixed with our signature greek vinaigrette

arugula *gf 14
fresh arugula with tomatoes, peppers, candied pecans, dry cranberries and feta cheese tossed with a white balsamic and olive oil vinaigrette

spinach & cranberry *agf 15
fresh spinach, mushrooms, red onions, bell peppers, tomatoes, cherry smoked bacon, dry cranberries, and a hard boiled egg, served with a fig and white balsamic vinaigrette

compliment your salad

fresh salmon 12 grilled chicken 9
grilled shrimp 10 crispy calamari 9

burgers & sandwiches

**served with your choice of: soup, caesar salad, mixed greens or fries*

<i>greek salad \$2</i>	<i>substitutions...</i>	<i>poutine \$3.5</i>
<i>mediterranean salad \$2.5</i>		<i>onion rings \$2.5</i>
<i>french onion soup \$4</i>		<i>sweet potato fries \$4</i>

mano's burger 17.5

ground canadian prime beef, smoked bacon, sautéed mushrooms, aged canadian cheddar on a kaiser bun, served with your choice of side

deluxe burger 17.5

ground prime beef in house made, crisp lettuce, tomatoes, onions, relish, mustard, onion rings and aged canadian cheddar cheese on a kaiser bun - served with your choice of fries, caesar or tossed salad

traditional beef dip 15

slow roasted beef and swiss cheese on a multi-grain vienna bun with beef au jus

denver sandwich 14.5

julienne ham, diced sausage, green onions, eggs and smothered with swiss cheese

croque monsieur 15

the original grilled cheese - ham, gruyère, béchamel on sour dough

triple-decker clubhouse 15

smoked turkey, ham, bacon, lettuce, tomatoes, cheese and roasted garlic aioli

chicken caesar wrap 15

lightly seasoned strips of chicken, shredded romaine lettuce and our own caesar dressing

buffalo chicken wrap 15

crispy strips of chicken tossed in our own buffalo sauce, bacon, lettuce, tomatoes and cheese

reuben sandwich 14.5

pastrami, swiss cheese and sauerkraut stacked on toasted rye bread

soups

chicken lemon rice soup

our avgolemono soup is a local favorite

bowl 6.5

one quart *takeaway 15

two quart *takeaway 25

soup du jour 6.5

ask your server about our daily soup

french onion soup 7.5

sweet caramelized onions in a rich broth garnished with crisp crouton and melted cheese

last course

baklava 7

crème brûlée 8

new york cheesecake 8

bourbon chocolate cake 8

chocolate oreo cheesecake 8

chocolate peanut butter terrine 8

wine by the glass

terra de lobos cabernet sauvignon 6

terra de lobos sauvignon blanc 6

our favorite beers

mongozo pilsner 33cl *gf 7.5

averbode 33cl 7.5

timothy taylor 50cl 9.5

mythos 33cl 6