

**by the glass** 6oz|9oz|75cl

terra de lobos <i>cab sauv, portugal</i>	8	14	34
trapiche <i>malbec, argentina</i>	12	15	36
sterling vintner's <i>pinot noir, usa</i>	13	16	44
terra de lobos <i>sauvignon blanc, portugal</i>	8	13	34
finca las moras <i>pinot grigio, argentina</i>	11	14	34
valdemoro <i>chardonnay, chile</i>	13	16	42
valdemoro <i>rosé, chile</i>	8	11	28
woodbridge, rm <i>white zinfandel, usa</i>	10	13	32
les fleurs du mal <i>rosé, france</i>	15	19	51

**draught**

<b>sk</b> nokomis craft ales <i>brown ale 16oz</i>	6 ½
<b>sk</b> nokomis craft ales <i>session ale 16oz</i>	6 ½
<b>sk</b> great western <i>original 16 pale ale 20oz</i>	8
<b>sk</b> 9 mile legacy brewing <i>golden ticket belgian blonde 20oz</i>	9 ½
granville island <i>west coast ipa 20oz</i>	9
stella artois <i>belgian pilsner 20oz</i>	10

**soups**

chicken lemon rice soup <i>our avgolemono soup is a local favorite</i>	8
soup du jour <i>ask your server about our daily soup</i>	8
french onion soup <i>sweet caramelized onions in a rich broth garnished with a crisp crouton and melted cheese</i>	9
one quart takeaway	16
two quart takeaway	27

# Manos

\*vg = vegan  
\*gf = gluten free  
\*agf = available gluten free

**lunch mains**

**beef tenderloin** \*agf 21  
*beef tenderloin, peppers, onions, and mushrooms on a 10" skewer, covered with peppercorn sauce served with your choice of fries or rice pilaf & soup or salad to start*

**moussaka** 19  
*layers of potato, zucchini, eggplant, greek seasoned meat sauce and a rich bechamel with parmesan cheese - served with your choice of salad: greek, caesar or mixed greens*

**souvlaki** \*agf 17  
*your choice of chicken or pork souvlaki with fries and your choice of mixed greens, greek or caesar salad*

**fish & chips** 17½  
*fried to order, served with tartar sauce, sautéed vegetables and fries*

**dry ribs & caesar salad** 17  
*lightly breaded and seasoned boneless pork bites, served with caesar salad - add sauce for \$1: greek, honey garlic, buffalo, bbq, spicy thai*

**mezze plate** 23  
*your choice of pork or chicken souvlaki with pita bread, dolmades, spanakopita, hummus, tzatziki and wedges of tomato, cucumber, onions and feta cheese*

**creamy chicken pesto pasta** \*agf 17  
*tagliatelle pasta, chicken, fresh basil, pesto and herbs, extra virgin olive oil, light cream, green onions and sun-dried tomatoes topped with toasted almonds and a hint of fried garlic*

**pasta & caesar** 15  
*spaghetti, lasagna or fettuccine, with your choice of sauce, baked with mozzarella cheese and served with caesar salad*

**chicken tenders** 16  
*tender chicken lightly breaded and fried southern style, served with fries and your choice of mixed greens or caesar salad*

**next level mac & cheese** 17  
*cavatappi with crab meat and a rich cheese sauce made with smoked cheddar, parmesan and gruyère - served with your choice of salad: greek, caesar or mixed greens*

## salads

### strawberry dill & blackened trout \*gf 23

a blackened trout filet served with a mix of baby greens, tomatoes, onions, cucumbers, fresh dill and strawberries tossed in a white balsamic vinaigrette and topped with feta cheese

### horiatiki (hor-yia-tee-kee) \*gf 19

the original greek salad, with ripe tomatoes, cucumbers, onions, green peppers, olives and feta cheese - all mixed with our signature greek vinaigrette

### greek \*gf 17

crisp lettuce, cucumbers, tomatoes, kalamata olives, feta cheese, bell peppers and onions topped with our signature greek vinaigrette

### caesar \*agf 16

romaine, seasoned croutons and our house-made dressing

## burgers & sandwiches served with your choice of: soup, caesar salad, mixed greens or fries

### traditional beef dip 16

slow roasted beef and swiss cheese on a multi-grain vienna bun with beef au jus

### denver sandwich 16

julienne ham, diced sausage, green onions, eggs and smothered with swiss cheese

### croque monsieur 17

the original grilled cheese - ham, gruyère, béchamel on sourdough

### mano's burger single - 18 | double - 23

a house-made burger with fresh ground chuck, served on a brioche bun with cheddar, lettuce, tomato, bacon jam, and crispy fried onions. topped with mano's burger sauce

#### substitutions

.....  
french onion soup \$7    onion rings \$3  
poutine \$5                greek salad \$3  
sweet potato fries \$5    horiatiki salad \$4

### complement your salad

.....  
fresh salmon 9    grilled chicken 7

### arugula \*gf 16

fresh arugula with tomatoes, peppers, candied pecans, dried cranberries and feta cheese tossed with a white balsamic and olive oil vinaigrette

### spinach & cranberry \*agf 17

fresh spinach, mushrooms, red onions, bell peppers, tomatoes, cherry smoked bacon, dried cranberries, and a hard boiled egg, served with a fig and white balsamic vinaigrette

### triple-decker clubhouse 17

smoked turkey, ham, bacon, lettuce, tomatoes, cheese and roasted garlic aioli

### chicken caesar wrap 16

lightly seasoned strips of chicken, shredded romaine lettuce and our own caesar dressing

### buffalo chicken wrap 16

crispy strips of chicken tossed in our own buffalo sauce, bacon, lettuce, tomatoes and cheese

### reuben panini 16

pastrami, swiss cheese and sauerkraut stacked on toasted rye bread

### filet mignon burger 38

6oz filet prepared to your preference, served on a brioche bun with grilled portabella, crispy fried onions & horseradish aioli

## last course

traditional baklava 9

new york cheesecake 9

chocolate oreo cheesecake 9

our chefs are always imagining new and exciting creations! ask your server about our feature dessert!

 baklava anaple 11

crème brûlée 9    bite size 5

bourbon chocolate cake 9    bite size 5

chocolate peanut butter terrine 9    bite size 5

our in-house desserts pair wonderfully with a specialty coffee